

Newport Harbor High School

A California Distinguished School

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March 10, 2008

To Whom It May Concern,

Newport Harbor High School had the pleasure of having Dr. Jerry Weichman speak to approximately 2,400 students and staff members from March 3, 2008 to March 6, 2008. Dr. Weichman gave a 45 minute presentation to our students and staff by grade level. His presentation included information on the following topics: taking personal responsibility, self-acceptance, jealousy, how to deal with problems with family members and friends, how grades affect their future, the effects of alcohol and drug use, the signs of depression, and how to elevate one's mood and decrease anxiety and depression appropriately.

Staff members and students have approached me since the presentation to thank me for organizing the assembly and to thank Dr. Weichman for presenting. I am confident the majority of the people who attended found the information presented by Dr. Weichman valuable. Dr. Weichman's presentation was appropriate for the age of our students. He connected with our audience by sharing his personal experiences in overcoming physical challenges at an early age and setbacks he experienced in his life.

It was a pleasure to have Dr. Weichman speak at Newport Harbor High School and we are looking forward to collaborating with him in the future to bring additional presentations to our students, staff, and parents on a variety of issues teenagers face.

If you have any questions regarding Dr. Weichman's presentation to our students and staff feel free to contact me at (949) 515-6352.

Sincerely,


Jennifer Chamberlin
Assistant Principal
Newport Harbor High School